

BREAKFAST MENU

BREAKFAST



Breakfast Wrap #1\$ Cheddar, Scrambled Eggs, Choice of Sausage or Bacon, Green Onion

Breakfast Wrap #2

Your choice T ofu or Scrambled Eggs, Pico De Gallo Shredded Cheddar, Green Onion, dash of Hot-Sauce

Tofu Scramble Wrap

Spinach, Sauteed seasonal Veg, House Spiced Tofu, Daiya, Nutritional Yeast

Smoothies Strawberry or Mango

SIDES

Fresh Cut Hash Browns (GF) Hash Brown Patty Bacon Sausage Vegan Sausage patty

GRAB-N-GO



Breakfast Sandwich Fried Egg, Cheddar, Bacon, Mayo, Toasted English Muffin

Sides: Choice of Hashbrown style + small coffee



LUNCH MENU

LUNCH

Burgers *Gluten-free bun option available, No Gluten in Patties*

Burger Tomato, Onion, Pickles, Mayo (*Gluten-free bun option available, No Gluten in* Patties)

Chicken Burger Tomato, Onion, Pickles, Mayo

Salmon Burger Tomato, Onion, Pickles, Mayo

Crispy Chickpea Burger Pickled Veg, Lettuce, Pepper Mayo **Hot Dogs** All hot dog wieners are Gluten-free. All hot dogs can be made vegetarian or vegan.

Hot Dog #1 Dijonnaise, Sauerkraut, pickled Red Onion

Hot Dog #2 Pulled Pork, Chipotle Mayo, Topped with Cheddar

Hot Dog #3 Pico De Gallo, Chipotle Mayo, Cheese, Green Onion, Bacon

Hot Dog #4 Valentina Chicken, Green Onion, Pepper Mayo, Monterrey Jack Cheese

ADD-ONS

Caramelized Onions Bacon Valentina Chicken Pulled Pork

The Gourmet options will differ each week. Please ask us.

FRESH CUT FRIES

3

Small or Large

Loaded Fries

Your choice of Pork, Chicken, or Veggie, Daiya or reg shredded Cheese topped your choice of Sauce





Lunch continued...



Salad

Fresh Greens, Cherry Tomato, Cabbage, Cucumber, Nutritional Yeast, Hemp-Hearts

DRESSING OPTIONS



Home-Style Ranch Roasted Garlic Balsamic & Herbs Green Goddess

The dressing option options will differ each week. Please ask us.

KIDS

Grilled Cheese Sandwich Plain Hot Dog

DRINKS



SA'Y'ILH (GORGE HARBOUR) ~ TWO WATERS IN ONE WWW.THEGORGEHARBOUR.COM



